

# Myers-Briggs – Personalities at Work

*An insight into your work team types and preferences*

## Synopsis

MBTI<sup>®</sup> is the most used psychometric tool in the world. The Myers-Briggs assessment is designed to help people identify and gain some understanding around how they take in information and make decisions and their patterns of perception and judgment.

This workshop will help teams gain an insight into their work style and preferences to maximise team strengths.

## Course Topics

Our course topics include:

- Introduction to type
- Strengths/weaknesses
- What's important to different types
- How to motivate someone of a different type
- How different types deal with stress, deadlines, authority and conflict
- Creating a balanced team.

## Course Details

Delivery:	Inhouse
Structure:	Interactive Workshop
Time:	1 day
Class Size:	Max 15
Cost:	On request

## About the Trainer



Mario Cortes is a highly skilled professional trainer and assessor with 20+ years' experience in project management, corporate training and leadership development.

His energetic training style is both informal and informative, adding a level of entertainment to ensure participants remain engaged in the learning.

As a trainer-assessor for the Diploma of Project Management, Mario's other talents include working as a Project Manager; Change Management expert; keynote speaker; MC and author.