

Manual Handling MEM11011

Synopsis

Manual Handling training is important if you are in a role where you need to use some force to lift, lower, push, pull, restrain something such as a load, a person or an animal. The handling of something does not even need to be particularly heavy because you could be required to be in an awkward position or be doing something repetitively – the risks of which being you could sustain an injury

Topics include:

- What is manual handling and identifying hazards?
- Managing manual handling tasks in the workplace including how to identify the safest method of movement and apply different lifting and transfer techniques
- The risks of not applying safe techniques

How is it Relevant

With multi-industry application, this manual handling training is an important course and will teach you about what manual handling includes – from repetitive actions to vibrations and how to assess the right approach to the handling of different types of materials such as gasses, liquids, bulk materials, loads, documents, people and livestock.

Course Details

Delivery:	Public Course Brisbane or Toowoomba (also available INHOUSE)
Structure:	MEM11011
Time:	Half ½ day
Class Size:	Max 10
Cost:	On request

Peaks Training Partner



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